

BANANA CHOCOLATE OVERNIGHT OATS

banana chocolate
overnight oats



@SIMPLEPLANTWELLNESS

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Ingredients

- 1/2C oats
- 2 chopped bananas
- 1/2 cup water
- 1/2 cup plant milk
- 1 tsp date syrup
- 1 tbs cocoa
- 1/2 tsp cinnamon
- 1 tbs chia seeds
- 1 tsp peanut butter (optional)
- 1 tsp vanilla

Instructions

1. Mix all the dry ingredients in a jar
2. Pour in wet ingredients
3. Shake and cover
4. Refrigerate overnight
5. Enjoy next day and top up with bananas or fruit of choice